

# — MEATing point —



**Grill, Souvlaki, Salads,  
Burgers and more...**

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**📍** Therma, Ikaria, 83300

## { SALADS }

1. Spinach - Arugula **7,00 €**  
Spinach, Arugula, Walnut, Sun-dried Tomato, Olives, Croutons, Chicken, Sauce
2. Alternative Greek salad **8,00 €**  
Tomatoes, Cucumber, Onion, Peppers, Feta, chopped Mint
3. Cretan salad **7,00 €**  
Dakos, Tomato, Capers, Oregano, Olives, Balsamic Cream, Feta/Kathura
4. MEATing Point **8,00 €**  
Radizio, Lettuce (Arugula), Chicken, Dried Figs, Walnuts, Grilled Flower, Cheese (Kathoura), Raisins, Sunflower Seeds, Sauce
5. Caesar salad **8,00 €**  
Lettuce, Chicken Fillet, Bacon, Corn, Red Beans, Raisins, Gouda Cheese, Sauce
6. Summer salad **8,00 €**  
Tuna, Green Salad, Dill, Tomatoes, Croutons, Mustard, Almonds, Sesame, Caramelized Nectarines/Peaches, Sauce
7. Qué Cuentas 🍌 **8,00 €**  
Lettuce, Chicken Fillet, Red Beans, Corn, Olives, Nachos, Mexican Sauce
8. Ikarian Dakos **7,00 €**  
Carob Rusk, Tomato, Basil, Ikarian Spicy Cheese, Arugula



## { FRENCH FRIES }

1. with Oregano **4,00 €**
2. with Yogurt sauce **4,50 €**
3. with BBQ sauce **4,50 €**
4. with Cheddar **4,50 €**
5. with Sauce and grated Cheese **4,50 €**



## { BURGERS }

- |  | Με Πατάτες     | Χωρίς Πατάτες |
|--|----------------|---------------|
| 1. Classic<br>Ground Beef, Edam Cheese, Tomato, Lettuce, Mustard, Ketchup, Mayonnaise, (Egg)   | <b>7,50 €</b>  | <b>5,00 €</b> |
| 2. Chicken Fillet<br>Chicken Fillet or Breaded Chicken, Philadelphia Cheese, Bacon, Cranberry Jam  | <b>8,00 €</b>  | <b>5,50 €</b> |
| 3. Rock & Roll<br>Double Burger 100% Ground Beef, Cheddar Cheese, Onion Rings, Bacon, Mayonnaise, Hot Jack Daniels Sauce   | <b>10,00 €</b> | <b>7,50 €</b> |
| 4. Barbecue<br>100% Ground Beef, Cheddar Cheese, Tomato, Caramelized Onions, Bacon, Barbecue Sauce   | <b>9,00 €</b>  | <b>6,50 €</b> |
| 5. Jack Daniels<br>Ground Beef, Cheddar Cheese, Tomato, Caramelized Onions, (Mushrooms), Bacon, Jack Daniels Sauce   | <b>9,00 €</b>  | <b>6,50 €</b> |
| 6. MEATing Point<br>100% Ground Beef Double Burger or Chicken Double Burger, Cheddar Cheese, Tomato, Lettuce, Caramelized Onions, Ketchup, Mustard, with Cheddar Sauce all over the Burger | <b>10,00 €</b> | <b>7,50 €</b> |
| 7. Burger Steak<br>Pork Chop, Tomato, Sauteed Mushrooms, Shredded Gouda Cheese, Caramelized Onions, Hot Barbecue Sauce   | <b>8,50 €</b>  | <b>6,00 €</b> |
| 8. Louisiana 🍌<br>Chicken Fillet, Shredded Cheese, Bacon, Caramelized Onions, Cajun Seasoning, Cayenne Pepper, Mustard   | <b>9,00 €</b>  | <b>6,50 €</b> |
| 9. No MEATing Point<br>Vegetable Burger, Tomato, Lettuce (Iceberg), Onion, Aioli, Sauce  | <b>7,50 €</b>  | <b>5,00 €</b> |
| 10. Bacon Jam<br>Ground Beef, Double Cheese (Edam - Cheddar), Bacon, Caramelized Onions, Burger Sauce  | <b>8,50 €</b>  | <b>6,00 €</b> |
| 11. Smash<br>Double Burger, Cheddar, Bacon, Onion, Sauce (Jack, Mayonnaise, BBQ)   | <b>9,50 €</b>  | <b>7,00 €</b> |
| 12. Oklahoma<br>Double Burger baked with Onions, Cheddar, Mayonnaise   | <b>8,50 €</b>  | <b>6,00 €</b> |
| 13. BurgerKing<br>Ground Beef, Cheddar, Bacon, Tomato, Onion, Iceberg, Secret Sauce  | <b>8,50 €</b>  | <b>6,00 €</b> |



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## { SOUVLAKI & PITA }

- 1. Handmade Pork Souvlaki **2,50 €**
- 2. Handmade Chicken Souvlaki **2,50 €**
- 3. Pita Pork Souvlaki **3,70 €**  
Tomato, French Fries, Onion, Tzatziki/Yogurt
- 4. Pita Chicken Souvlaki **3,70 €**  
Tomato, Lettuce, French Fries, Sauce
- 5. Pita Pork Gyros **3,70 €**  
Tomato, French Fries, Onion, Tzatziki/Yogurt
- 6. Pita Chicken Gyros **3,70 €**  
Tomato, Lettuce, French Fries, Sauce
- 7. Pita with Pork Chops **3,80 €**  
Tomato, French Fries, Onion, Tzatziki/Yogurt
- 8. Pita Burger **3,80 €**  
Tomato, French Fries, Onion, Tzatziki/Yogurt
- 9. Pita Kebab **3,70 €**  
Tomato, French Fries, Onion, Tzatziki/Yogurt
- 10. Stuffed Pork Pita **10,00 €**  
Giant Pie, Pork Gyros, Tomato, Cheese, French Fries, Onion, Tzatziki
- 11. Stuffed Chicken Pita **10,00 €**  
Giant Pita, Chicken Gyros, Tomato, Cheese, French Fries, Sauce
- 12. Pork Pita Club **11,00 €**  
Pork Gyros, Cheese, Bacon, Tomato, Onion, Mustard, Ketchup, Mayonnaise (comes with French Fries)
- 13. Chicken Pita Club **11,00 €**  
Chicken Gyros, Cheese, Bacon, Tomato, Lettuce, Mustard, Ketchup, Mayonnaise (comes with French Fries)
- 14. Vegetarian Pita **3,30 €**  
Chickpea balls, Onion, Lettuce, Radish, Cucumber, Tomato, Parsley, Yogurt Sauce

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## { DISHES }

- 1. Pork Souvlaki **9,50 €**  
3pcs, Tomato, Onion, French Fries, Tzatziki, Pies
- 2. Chicken Souvlaki **9,50 €**  
3pcs, Tomato, Lettuce, French Fries, Sauce, Pies
- 3. Pork Chops **9,50 €**  
Tomato, Onion, French Fries, Tzatziki, Pies
- 4. Pork Gyros **9,50 €**  
Tomato, Onion, French Fries, Tzatziki, Pies
- 5. Chicken Gyros **9,50 €**  
Tomato, Lettuce, French Fries, Sauce, Pies
- 6. Kebab **9,50 €**  
3pcs, Tomato, Onion, French Fries, Yogurt sauce, Pies
- 7. Mixed Grill **9,50 €**  
1pc Chicken, 1pc Pork, 1pc Kebab souvlaki, Tomato, Onion, French Fries, Tzatziki, Pies
- 8. Giaourtlou Kebab **10,00 €**  
3pcs Kebab, Baked Onion, Baked Tomato, Pies, Tomato Sauce, French Fries, Yogurt Sauce

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## { SANDWICH }

- 1. Philly Cheese Steak **8,00 €**  
Beef Steak, Sauteed Onions, Peppers, Cheddar Cheese
- 2. The Best Grilled **7,50 €**  
Turkey, Pastrami, Cheddar Cheese, Onion, Mayonnaise, Mustard, Pickles
- 3. Gyros **6,00 €**  
Chicken or Pork Gyros, Tomato, Lettuce/Onion, French Fries, Sauce/Tzatziki
- 4. MEATing Point **7,50 €**  
Pork Chop, Caramelized Onions-Peppers, Shredded Cheese, Bacon, Jack Daniels Sauce
- 5. Mediterranean **7,50 €**  
Pork Gyros, Feta Cheese, Tomatoes, Balsamic, Yogurt Sauce

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## { TORTILLA }

- 1. Classic **7,00 €**  
Chicken/Pork, Cheese, Corn, Tomato, Lettuce, Mustard and Yogurt
- 2. Chicken **7,00 €**  
Chicken Fillet, Tomato, Lettuce, Pepper, Yogurt Sauce, Chili
- 3. MEATing Point **7,50 €**  
Chicken Fillet or Gyros, Peppers, Pickled Cucumber, Fresh Onion, Dill, Mayonnaise
- 4. Feta or Kathoura **7,50 €**  
Chicken Fillet or Gyros, Kathoura or Feta, Arugula, Tomato, Yogurt, Balsamic Cream
- 5. Chicken Tacos **8,50 €**  
3pcs Tacos with Chicken, Iceberg, Peppers, Onion, Garlic, Tomato, Parsley, Lemon Juice, Chili, Tabasco, Guacamole
- 6. Chalupa **8,50 €**  
Ground Beef, Cheese Sauce, Iceberg, Tomato
- 7. Cheeseburger Crunch **8,00 €**  
Fried Tortilla in Sauce, Ground Beef, Cheddar Cheese, Tomato, Garlic, Onion, Chili, Coriander
- 8. Chicken Quesadilla **8,00 €**  
Chicken Fillet, Cheddar, Gouda Cheese, Pepper, Onion, Corn, Coriander
- 9. Huevos Rancheros **8,00 €**  
Fried Tortilla, Red Beans, Fried Egg, Tomato, Pepper, Onion, Herbs

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## { DRINKS }

- 1. Bottled water 500ml **0,50 €**
- 2. Bottled water 1,5 lt **1,00 €**
- 3. Ikarian Soft Drinks **1,50 €**
- 4. Soft Drinks 330ml **2,00 €**
- 5. Canned Beer 330ml **2,00 €**
- 6. Alfa/Fix Beer 500ml **3,50 €**
- 7. Amstel Beer 500ml **3,50 €**
- 8. Heineken Beer 500ml **4,00 €**
- 9. Kaiser Beer 500ml **4,00 €**
- 10. Mamos Beer 500ml **3,50 €**
- 11. Mythos Beer 500ml **3,50 €**
- 12. Ikariotissa Beer **5,00 €**
- 13. Ikarian Wine 1/2kg **4,00 €**